SICA and the Grange are working with the Sauvie Island Fire District and the Multnomah Office of Emergency Management to help you and your neighbors identify resources to share and special needs to be aware of in an emergency. We encourage you to organize your own Neighborhood Emergency Team (NET). Learn more about this at https://www.portlandoregon.gov/pbem/31667? If you would like someone to meet with you and your neighbors, contact us at community association @ sauvie is land.org.

# Family Emergency Supplies Lists

Local officials and relief workers will be on the scene during an emergency, but they cannot reach everyone immediately. In addition, basic services such as electricity, gas, water, and telephones may be cut off for days or even longer. We may need to survive on our own after an emergency. Putting together an emergency kit will help you do just

### **Home Emergency Kit**

A home emergency kit should contain enough items to last for at least 7-14 days. Here are some suggested items for your home emergency kit:

	Water - one gallon per person per
	day for at least 14 days
	Food - at least a 7- to 14-day
	supply of non-perishable food,
	snacks and a can opener
	NOAA Weather Radio or small
	personal radio that is hand crank o
	battery powered
	Flashlight

Extra batteries

First aid kit that includes extra prescription medications

Toiletries and sanitation items

Tool set that includes tools to turn

off your utilities

Dusk mask, gloves, and protective clothing

Local maps

Cash in small denominations and guarters for phone calls

Cell phone with chargers

For more information visit https://multco.us/em/ emergency-preparedness

#### Go Kit

This kit is a portable version of your home emergency kit to have ready to take with you if you need to evacuate your home. It is a good idea to have one Go Kit per person and have it placed in a location that is easy to access if you have to leave quickly. Starred items should be included in an adult's kit and may not be necessary for a children's kit.

	Backpack or easy-to-carry
	container
	Flashlight    Radio
$\Box$	Extra batteries
	Pocket knife*
	Cash in small denominations
_	and quarters for phone calls*
	Change of clothes and
	weather-appropriate sturdy
	shoes
	Local map*
	Portable water (bottled or
	water packets)
	Non-perishable food/snacks
	Photos of family members
	and pets for identification
	Family and emergency
	contact information
	First aid kit including extra pre-
	scription medications and a list
_	of allergies
	Copies of identification and

health insurance cards

items for children

Extra house and vehicle keys\*

Activities, games or comfort

Toiletries

#### **For Your Pets**

Your pets are important members of your household and they will need an emergency supply kit as well. Here are some suggested items for an emergency kit for your pets as suggested by the ASPCA:

Home Emerg	gency Pet Kit
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Home Emergency Pet Kit		
Water—one gallon of water per pet per day for 7-14 days Food—7-14 day supply of food Litter First aid kit with extra medications		
Go Kit for Pets		
Bottled water Food and treats First aid kit with extra medications		

	First aid kit with extra
_	medications
	Litter, paper toweling,
	newspaper or animal waste
_	pick-up bags
	Liquid dish soap and
	disinfectant
	Feeding dishes

Extra harness and leash
Copies of veterinary records
license information and a
recent photo and description

Traveling carrier for each pet

## **Especially for Cats:**

Pillowcase or EvackSack, toys, scoopable litter

## Especially for Dogs:

Long leash and yard stake, toys and a week's worth of cage liner